

Still consumable?



Can you still eat me even though I've expired?

Shelf Life is indicated on food by the words '**Best before**'. Once this date has passed, they can often be eaten after it, despite the loss of certain characteristics (less taste, change in colour, etc.).

Trust your senses!



The expiration date is indicated on food by the words '**use by**'.

Once this date has passed, they can no longer be eaten.

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Still consumable?

Products with a minimum durability date

Biscuits/chips

Store in closed containers



+ 30 days

UHT milk and UHT cream*

Stored & closed in the refrigerator



Chilled drinks

(fruit juices, vegetable juices)

Always store in a cool place



Pasta, rice, semolina*



Chocolates, tea, coffee*

Flour*

+ 360 days

Sugar, honey, jam*



Salt, spices, vinegars*



Oils*



Breakfast cereals, crispbread*

Dehydrated and sauces*



Tinned food (vegetables, meat and fruit)*

+ 120 days

Non-chilled drinks (mineral water, lemonade)



* These products should be stored in a dry place, protected from light and at room temperature.

The development of the flyer and its recommendations are based on the OSAV recommendations contained in information letter 2021/9: Distribution of foodstuffs after the expiry of the date of minimum durability (DDM).